

June 2016

Sullivan Benefits



National Safety Month

June is National Safety Month—focusing on spreading the word about ways to reduce the leading causes of injury and death at work, on the road and in our homes. June is also Firework Safety Month, as people start planning Independence Day celebrations. Injuries from fireworks account for over 10,000 trips to the emergency room annually.

We can all use this month to raise awareness about important safety issues like:

- Prescription painkiller abuse
- Transportation safety
- Ergonomics
- Emergency preparedness
- Slips, trips and falls
- Firework safety
- Distracted driving

The [National Safety Council](http://www.nsc.org) offers resources to help promote safety awareness at home and in the workplace.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|----------------------------|-----------------------|-----------|----------|--------|----------|
| National Safety Month – www.nsc.org/act/events/Pages/national-safety-month.aspx Fireworks Safety Month – www.preventblindness.org Cataract Awareness Month – www.preventblindness.org Men's Health Month – www.menshealthmonth.org Myasthenia Gravis Awareness Month - www.myasthenia.org/AboutMGFA/MGFANews.aspx National Aphasia Awareness Month – www.aphasia.org National Congenital Cytomegalovirus Awareness Month – www.nationalcmv.org National Scleroderma Awareness Month - http://scfo.convio.net/site/PageServer?pagename=SAW_ias National Cancer Survivors Day (5) – www.ncsd.org National Rip Current Awareness Week (5-11) – www.ripcurrents.noaa.gov Men's Health Week (13-19) – www.menshealthmonth.org/week/index.html World Sickle Cell Day (19) - www.worldsicklecellday.webs.com National Lightning Safety Awareness Week (19-25) – www.lightningsafety.noaa.gov | | | 1 | 2 | 3 | 4 |
| 5 National Cancer Survivors Day National Rip Current Awareness Week | 6 Ramadan Begins | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 Men's Health Week | 14 Flag Day | 15 | 16 | 17 | 18 |
| 19 Father's Day National Lightning Safety Awareness Week World Sickle Cell Day | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | | |

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