

August 2016

Sullivan Benefits



Immunization Awareness

In our mobile society, over one million people each day travel to and from other countries, where many vaccine-preventable diseases remain relatively common. Without vaccines, epidemics of many preventable diseases could return—resulting in increased and unnecessary illness, disability and death among children.

A vaccination contains a virus or bacteria—typically in a live but weakened state or in an “inactivated” state—that is administered to protect against serious diseases. Because of the inactivated state of the virus in the vaccine, you don’t get sick from it. Instead, your body produces antibodies—special agents of the immune system that attack harmful elements inside of the body. By fighting against the vaccine, these antibodies learn how to fight off the actual disease should you ever encounter it.

The CDC provides a recommended vaccination schedule for [infants and children](#) up to age 6 and a separate one for [preteens and teens](#) ages 7-18. If you or your child misses a vaccination, ask your doctor about a catch-up schedule.

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

National Immunization Awareness Month –
www.cdc.gov/vaccines/partners/events/niam.html

Children’s Eye Health and Safety Month – www.preventblindness.org
 National Breastfeeding Month – www.usbreastfeeding.org/NBM

Psoriasis Awareness Month – www.psoriasis.org
 World Breastfeeding Week (1-7) – www.worldbreastfeedingweek.org

National Health Center Week (7-13) – www.healthcenterweek.org
 Contact Lens Health Week (22-26) – www.cdc.gov/contactlenses/contact-lens-health-week.html

	1 World Breastfeeding Week	2	3	4	5	6
7 National Health Center Week	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22 Contact Lens Health Week	23	24	25	26	27
28	29	30	31			

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