



Immunization Awareness

The U.S. Centers for Disease Control and Prevention (CDC) recommends vaccination against 16 diseases. Proper vaccination can protect the body against these diseases, including measles, mumps and whooping cough. Today, vaccines have dramatically reduced the presence of these and other dangerous diseases.

A vaccination contains an imitation virus, typically a live but weakened virus, or an inactive bacteria virus, that is administered to protect against serious diseases. This virus causes the body to produce antibodies, which are special agents of the immune system that attack harmful elements inside the body. While fighting the imitation virus, the antibodies learn to recognize the real virus so they can attack it if the body is ever exposed to it.

The CDC provides recommended vaccination schedules for infants, children and adults. If you or your child misses a vaccination, ask your doctor about a catch-up schedule.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Children's Eye Health and Safety Month – www.preventblindness.org National Breastfeeding Month – www.usbreastfeeding.org/NBM National Immunization Awareness Month – www.cdc.gov/vaccines/partners/events/niam.html						1 World Breastfeeding Week
2	3	4	5	6	7	8
9 National Health Center Week	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	Psoriasis Awareness Month – www.psoriasis.org World Breastfeeding Week (1-7) – www.worldbreastfeedingweek.org National Health Center Week (9-15) – www.healthcenterweek.org				